

NY REHAB

PAIN MANAGEMENT & MEDICAL SERVICES, P.C.

DAVID H. ZELEFSKY, M.D., F.A.A.P.M.R.

PHYSICAL MEDICINE & REHABILITATION

Winter Issue 2008 - 2009

A letter from the Doctor

Hello!

Welcome to this issue of the NY Rehab newsletter! In this issue you will find valuable data on a brand new technology that may save you from endless back and neck pain. This advanced technology is cutting edge and you will see why people are asking for it. Read on to find out more about it. Here at NY Rehab, we stand ready to help you become pain free. Call us right now to schedule your appointment!

All the best,
David H. Zelefsky, M.D.
F.A.A.P.M.R.

REVOLUTIONARY NEW TREATMENT



Finally, there is a painless, effective and safe treatment for herniated or bulging discs, pinched nerves, numbness or tingling in the arms or legs, spinal stenosis and sciatica. Decompression Therapy is painless, non-invasive and FDA cleared. This advanced, computerized medical device is the latest breakthrough technology for alleviating the disabling effects of lower back and neck conditions. It has helped thousands of suffering people to live pain free and prevent surgery.

Decompression Therapy is a medical

procedure that is amazingly effective for a majority of patients. A true breakthrough and solution for the relief of neck and low back pain. The Decompression system is designed to release the pressure on spinal discs, nerves and joints by creating a "negative pressure" on a specific spinal segment. The goal of this therapy is to release the pressure on the spinal structures that may cause low back or neck pain.

Clinical experience has shown that our program takes four to six weeks for the healing process to occur.

Generally, most patients receive 20 to 24 treatment sessions in order to reach favorable results.

Due to the relaxing effects, many patients fall asleep during the therapy.

Although there is no guarantee for cure or pain relief with the Decompression System, most patients do see relief as fast as their first treatment. Patients who are unable to enjoy life to the fullest due to neck pain or back pain may contact NY Rehab for a complimentary consultation.

Is Spinal Decompression the Right Choice For You?

We are often asked, "What's the best way to find out if decompression can help my problem?" We can only make the determination on whether or not to accept a case by locating the underlying problem. A consultation, exam, and sometimes x-rays are needed in order for us to decide the proper course of action.

For a limited time, we are offering a complimentary consultation. This is our way to help you make the right choice for your health care needs. Your first visit will include an initial consultation and health history, an examination of the spine and a report of findings.

If you are unable to do the things that you like to do because of chronic pain, then discover it for yourself. This consultation is free - at no charge to you at all. Call today to schedule your consultation and testing to see if you qualify for this therapy.

**CONTACT NY REHAB, PAIN MANAGEMENT
& MEDICAL SERVICES, P.C. NOW TO
SCHEDULE YOUR FREE CONSULTATION!**

NY Rehab Pain Management &
Medical Services, P.C.

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Astoria, NY 11106

Phone:

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Valley Stream Nassau County

125 North Central Ave.
Valley Stream, NY 11580

Phone:

516.872.3100

NEW Location! Manhattan

4 Park Avenue
New York, NY 10016

Phone:

888.292.7798

www.nyrehab.com

BACK PAIN - NECK PAIN - DISC PAIN

NY Rehab, Pain Management & Medical Services, P.C.

Treatment of Chronic Back Pain Without Surgery! Non-Surgical Spinal Decompression

DISC HERNIATION | DEGENERATIVE DISC DISEASE
LEG OR ARM PAIN | NECK/SHOULDER PAIN

BACK OR NECK SURGERY NOT FOR YOU?
TIRED OF TAKING MEDICATION?
FEELING HOPELESS?
NOW YOU HAVE A CHOICE!



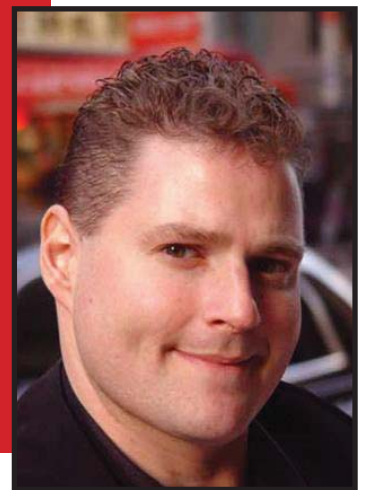
GET HELP NOW!

Schedule a **Free** Consultation With
NY Rehab, Pain Management & Medical Services, P.C.

INTRODUCING OUR NEW DOCTOR FROM PARK AVE:

Dr. Howard Goodman, D.C. of the Herniated Disc Center of New York HAS JUST JOINED THE TEAM AT NY REHAB, PAIN MANAGEMENT & MEDICAL SERVICES, P.C.!

If chronic back pain is wearing you down then you need the most effective treatment available. Dr. Howard Goodman, D.C. has dedicated his focus toward specializing in delivering spinal decompression to patients suffering from spinal pain.



ATTEND OUR NEXT FREE DINNER WORKSHOP!

Dr. Goodman would like to introduce to you first-hand the benefits and procedure of Spinal Decompression. Attend our next Dinner Workshop where Dr. Goodman will deliver a special presentation dedicated to spinal decompression. You will get the opportunity to speak to the doctor personally and learn more about this cutting-edge pain relief technology!

If you or someone you know
is suffering from **back, neck
or shoulder pain**

CONTACT:

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Restriction may apply. Please register in advance.

CALL US NOW!

SCHEDULE A FREE CONSULTATION OR REGISTER FOR A WORKSHOP!

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